


Bistro Menu

September 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Cuban Black Bean Soup Cheeseburger Chowder Spaghetti with Meat Sauce Extra Crispy Fried Chicken Lyonnais Potatoes Italian Mixed Vegetables Seasoned Yellow Squash Seasoned Lima Beans	Cuban Black Bean Soup Ham & Vegetable Soup Roast Turkey and Gravy Sliced Hawaiian Ham Macaroni & Cheese Chive Scalloped Potatoes Southern Style Green Beans Steamed Broccoli Spears	Cuban Black Bean Soup Manhattan Skyline Clam Chowder Baked Ziti Fried Catfish Cheese Grits Baked Swt Potatoes w/Pepper Spread Black Eyed Peas Turnip Greens w/Ham Hush Puppies	Cuban Black Bean Soup Rosemary Roast Pork Loin BBQ Chicken Steamed White Rice w/Gravy Seasoned Italian Green Beans Rainbow Vegetable Medley Speckled Butter Beans
Beef Vegetable Soup Italian Meat Loaf Fried Chicken Whipped Potatoes w/Gravy Black-eyed Peas Steakhouse Spinach California Mixed Vegetables	Beef Vegetable Soup Split Pea Soup Chicken & Dumplings Country Fried Steak Loaded Mashed Potatoes Broccoli Spears Peas & Mushrooms Molasses Baked Beans	Beef Vegetable Soup Cream of Broccoli Soup Chicken Curry over Rice Pot Roast Rice with Gravy Baby Carrots Southern Spiced Roasted Potatoes Summer Squash Medley	Beef Vegetable Soup Cheese & Bacon Soup Tamale Pie Extra Crispy Fried Chicken Mashed Potatoes w/Gravy Whole Green Beans Turnip Greens w/Ham Mexican Medley Omelet Bar at Breakfast	Beef Vegetable Soup Lima Bean Soup Chicken ala King over Rice Penne w/Four Cheeses Confetti Rice Buttered Green Peas Oriental Mixed Vegetables Apple Glazed Baby Carrots	Beef Vegetable Soup New England Clam Chowder Sloppy Joe Fried Catfish Hash Brown Potatoes Hoppin' John Capri Mixed Vegetables Mustard Greens w/Ham	Beef Vegetable Soup Sliced Baked Ham Country Fried Steak w/Br. Gravy Mashed Potatoes w/Gravy Whole Green Beans Okra & Tomatoes Seasoned Zucchini Squash
5	6	7	8	9	10	11
Texas Chili Soup Baked Ziti with 4 Cheese Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Macaroni & Cheese Country Kitchen Vegetables Broccoli Florets	Texas Chili Soup Cajun Beef & Vegetable Soup Tuna Noodle Casserole Fried Pork Chop White Rice w/Gravy Corn Pudding Seasoned Summer Squash Sliced Carrots	Texas Chili Soup Corn Chowder Fried Chicken Livers Tator Tot Casserole Cajun Spiced Roasted Potatoes Southern Style Green Beans Basil Ratatouille Cauliflower w/Cheese Sauce	Texas Chili Soup Farmer's Market Soup Stuffed Green Pepper Extra Crispy Fried Chicken Loaded Mashed Potatoes w/Gravy Corn on the Cob Buttered Green Peas Steamed Zucchini Omelet Bar at Breakfast	Texas Chili Soup Italian Vegetable Soup Shrimp Fried Rice w/Shrimp Egg Roll Carved Honey Baked Ham Roasted Red Potatoes Seasoned Cabbage Seasoned Yellow Squash Harvard Beets	Texas Chili Soup Bistro Clam & Corn Chowder Sloppy Joe Fried Catfish Macaroni & Cheese Turnip Greens w/Ham Lima Beans Carrots Vichy Hush Puppies	Texas Chili Soup Spaghetti with Meat Sauce Crispy Baked Chicken Breast Steamed White Rice w/Gravy Baked Yellow Squash & Chz Cass Capri Mixed Vegetables Buttered Green Peas
12	13	14	15	16	17	18
Chicken Noodle Soup Meat Loaf with Gravy Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Savory Green Beans Aztec Corn Black-Eye Peas	Chicken Noodle Soup Navy Bean Soup Carved Baked Ham BBQ Chicken Quarter Candied Sweet Potatoes Turnip Greens w/Ham Broccoli & Cauliflower Corn On The Cob	Chicken Noodle Soup Canadian Cheese Soup Chicken & Dumplings Corned Beef & Cabbage Parsley Boiled Potatoes Buttered Green Peas Baby Carrots Braised Cabbage	Chicken Noodle Soup Cheeseburger Chowder Beef, Macaroni and Tomatoes Extra Crispy Fried Chicken Whipped Red Potatoes w/Gravy Turnip Greens w/Ham Rainbow Vegetable Medley Molasses Baked Beans Omelet Bar at Breakfast	Chicken Noodle Soup Potato Leek Soup Roast Turkey and Gravy BBQ Pork Chop Candied Sweet Potatoes Southern Green Beans Cornbread Dressing Macaroni & Cheese	Chicken Noodle Soup New England Clam Chowder Beef Liver and Onions Fried Catfish Steamed White Rice w/Gravy Italian Mixed Vegetables Peas & Carrots Black-Eyed Peas Hush Puppies	Chicken Noodle Soup Stuffed Cabbage Herb Baked Chicken Whipped Red Potatoes w/Gravy Mixed Vegetables Corn O'Brien Turnip Greens w/Ham
19	20	21	22	23	24	25
Potato & Corn Chowder Soup Rotini w/Meat Sauce Extra Crispy Fried Chicken Whipped Potatoes w/Gravy Hoppin' John Seasoned Summer Squash Capri Mixed Vegetables	Potato & Corn Chowder Soup Cream of Wild Rice & Mushroom Orange Glazed Pork Loin Hungarian Goulash Whipped Potatoes w/Gravy Savory Green Beans California Mixed Vegetables Seasoned Whole Kernel Corn	Potato & Corn Chowder Soup Turkey & White Bean Chili Southern Turkey Pot Pie Country Fried Steak w/Gravy Whipped Potatoes w/Gravy Turnip Greens w/Ham Seasoned Cabbage Glazed Carrots	Potato & Corn Chowder Soup Split Pea Soup Bayou Red Beans & Rice Extra Crispy Fried Chicken Rice with Gravy Okra & Tomatoes Molasses Baked Beans Corn O'Brien Omelet Bar at Breakfast	Potato & Corn Chowder Soup Beef Barley Soup Tuna Noodle Casserole Chicken Parmesan Penne with Mozzarella & Basil Buttered Green Peas Leaf Spinach Italian Vegetable Blend		
26	27	28	29	30		

September 2010 BAPTIST BISTRO – GRILL AND SUB CITY LIMITED TIME OFFERS

			<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Mango Shrimp Salad Croissant</p> <p style="text-align: right;">1</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Mango Shrimp Salad Croissant</p> <p style="text-align: right;">2</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Mango Shrimp Salad Croissant</p> <p style="text-align: right;">3</p>	<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">4</p>
<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">5</p>	<p>Happy Labor Day</p> <p style="text-align: right;">6</p>	<p><u>SELONA GRILL:</u> Pineapple Teriyaki Angus Burger</p> <p><u>SUB CITY:</u> Lemon Tarragon Chicken Salad Sandwich</p> <p style="text-align: right;">7</p>	<p><u>SELONA GRILL:</u> Pineapple Teriyaki Angus Burger</p> <p><u>SUB CITY:</u> Lemon Tarragon Chicken Salad Sandwich</p> <p style="text-align: right;">8</p>	<p><u>SELONA GRILL:</u> Pineapple Teriyaki Angus Burger</p> <p><u>SUB CITY:</u> Lemon Tarragon Chicken Salad Sandwich</p> <p style="text-align: right;">9</p>	<p><u>SELONA GRILL:</u> Pineapple Teriyaki Angus Burger</p> <p><u>SUB CITY:</u> Lemon Tarragon Chicken Salad Sandwich</p> <p style="text-align: right;">10</p>	<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">11</p>
<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">12</p>	<p><u>SELONA GRILL:</u> Cuban Reuben</p> <p><u>SUB CITY:</u> Classic Chef Jazz Salad Wrap</p> <p style="text-align: right;">13</p>	<p><u>SELONA GRILL:</u> Cuban Reuben</p> <p><u>SUB CITY:</u> Classic Chef Jazz Salad Wrap</p> <p style="text-align: right;">14</p>	<p><u>SELONA GRILL:</u> Cuban Reuben</p> <p><u>SUB CITY:</u> Classic Chef Jazz Salad Wrap</p> <p style="text-align: right;">15</p>	<p><u>SELONA GRILL:</u> Cuban Reuben</p> <p><u>SUB CITY:</u> Classic Chef Jazz Salad Wrap</p> <p style="text-align: right;">16</p>	<p><u>SELONA GRILL:</u> Cuban Reuben</p> <p><u>SUB CITY:</u> Classic Chef Jazz Salad Wrap</p> <p style="text-align: right;">17</p>	<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">18</p>
<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">19</p>	<p><u>SELONA GRILL:</u> Mediterranean Garden Burger</p> <p><u>SUB CITY:</u> Sicilian Tuna and Olive Sandwich</p> <p style="text-align: right;">20</p>	<p><u>SELONA GRILL:</u> Mediterranean Garden Burger</p> <p><u>SUB CITY:</u> Sicilian Tuna and Olive Sandwich</p> <p style="text-align: right;">21</p>	<p><u>SELONA GRILL:</u> Mediterranean Garden Burger</p> <p><u>SUB CITY:</u> Sicilian Tuna and Olive Sandwich</p> <p style="text-align: right;">22</p>	<p><u>SELONA GRILL:</u> Mediterranean Garden Burger</p> <p><u>SUB CITY:</u> Sicilian Tuna and Olive Sandwich</p> <p style="text-align: right;">23</p>	<p><u>SELONA GRILL:</u> Mediterranean Garden Burger</p> <p><u>SUB CITY:</u> Sicilian Tuna and Olive Sandwich</p> <p style="text-align: right;">24</p>	<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">25</p>
<p><u>HOT FOOD:</u> HOT FOOD DU JOUR</p> <p style="text-align: right;">26</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Red Pepper Hummus Vegetable Wrap</p> <p style="text-align: right;">27</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Red Pepper Hummus Vegetable Wrap</p> <p style="text-align: right;">28</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Red Pepper Hummus Vegetable Wrap</p> <p style="text-align: right;">29</p>	<p><u>SELONA GRILL:</u> Meatball Sub</p> <p><u>SUB CITY:</u> Red Pepper Hummus Vegetable Wrap</p> <p style="text-align: right;">30</p>		